

The Secret of Deliberate Creation Sampler Report

by

Dr. Robert Anthony

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Why This Program Will Work For You

Everything that I will share with you is distilled from studying every major philosophy, religion, and psychological system - as well as the dozens of master teachers I had the privilege of knowing. It is also based on my professional work with others for over 30 years, along with my own personal evolution.

This is truly a curriculum for living your life by DESIGN instead of by DEFAULT. In my opinion, this is the type of education that should be taught in our traditional schools and universities. Unfortunately, it is the education most of us never received.

In order to take full advantage of this program you must approach it with an open mind and be willing to do some serious thinking 'outside the box'. This will mean considering things that you may have never considered before. This is "**advanced**" training course. It is not just about positive thinking, goal setting, etc. We will mention these things as we go along, but this is a much higher level of training.

This advanced training is designed to open a new doorway for you; one that connects the **visible** to the **invisible**. Connecting what you **know**, with what you **don't** know; forming a bridge; a link; - even a magic door that will compress time.

The material within this program contains many layers of understanding. What you understand today will reveal an even deeper hidden truth and **application** of that truth later in the program. As you complete each segment, your internalization of the concepts and techniques will accelerate.

The key to success with any program, method, strategy or technique is implementation. Unfortunately, very few people implement what they learn. I find it very frustrating to observe that most people never stick to anything long enough to get results. They are constantly chasing a new strategy, seminar, book or technique, thinking that they will finally find the answer to their problems. But all they do is just collect more information. In the end, these people wind up with a knowledge base, miles long, but tissue paper thin.

Now I would like you to **Consider this**. It probably took you 20-40 years to get where you are right now. And, if where you are now is not where you want to be, then you are going to have to make some changes. So I am not going to promise you miracles or instant results if you just listen to this program. What I WILL promise you is this: During these lessons I am going to keep **reminding** you of what you need to **focus on** and what **actions** you need to take to move you to the next level and eventually to where you want to go. For some, it will take a **few weeks**,

and others a **few months**. But the good news is you WILL get there if you follow through.

So, the kind of therapy I am going to use in these lessons is what I call "do-do" therapy. It will require you to **do** something or to take action. However, each action you take **will** give you **measurable** results.

With that in mind, let me start off by asking you a couple of important questions. How do we get what we get in life? And, why do some people seem to have it all, while others have very little and continue to suffer?

Have you ever asked yourself these same questions? Did it ever strike you as odd that as human beings we are intelligent enough to achieve advanced technological and medical breakthroughs, yet we are still struggling to create the life we want?

We have been conditioned to believe that struggle is **normal**. That's just the way life is. We also see struggle as **"reality"**. But **our** "reality" is not reality. What **we** call "reality" is nothing more than our own version of what **we** believe to be true.

Let's face it, most people have no idea how they get what they get in their life. Their life is just one long series of struggles and worries. **Look at your life**. First, there is probably a long list of things you want, but never get, or worse yet, believe that you have no chance of getting. Then I'd be willing to bet there is an even longer list of things you **don't** want; yet, you seem to get **those** things on a regular basis. Now why is this so?

The real problem is we have all been taught backwards when it comes to creating what we want. Some of us just blame "fate" or "chance" and say, "That's the way life is". But is that really true? I can assure you that it's not.

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I am going to start off this program by predicting your future. That's right. I am not a psychic, but I am going to start off by predicting your future with 100% accuracy! How can I possibly do that? It's very simple. I KNOW something about you - something that will allow me to predict your future with 100% accuracy.

Here it is: "If you keep THINKING what you are thinking, you will keep DOING what you are doing, and you will keep GETTING what you are getting.

This is something I did not understand for many years. For over 30 years of my life I kept getting the **same unwanted results** over and over again. The reason for this is that I was unconsciously creating my life by default. When I say by default, what I mean is I had no idea of how I got what got. Most of the time I felt that things were just "happening" to me and I had no control over the events in my life. I blamed people, circumstances, conditions, God, destiny, the government, my parents, my relationships, and everything and everyone outside of myself for what was happening in my life.

It never occurred to me that I was the one who was creating these experiences. The reason is that, for the most part, is I couldn't see the connection between my thoughts and what was happening in my life. They seemed disconnected, so it

appeared that things were just “happening” to me randomly or by chance, rather than that **I** was actually **causing** them to happen.

In this first lesson I am going to explain, in a way you can understand, exactly how your thoughts “go out” and become things and experiences in your life. Unless we go to the starting point and understand how things are created, or how we got to where we are, we have no way that we can change our current situation. What I would like to do is to help you to finally “get” what is **really** happening in your life. In other words, the reason behind the reason.

What you are going to learn is that everything that happens **to** us is created **by** us either unconsciously by DEFAULT, or consciously by DESIGN. The key to changing our lives for the better is to create our lives by DESIGN instead of by default.

Now much has been written and discussed in regard to how our thoughts control our life. Intellectually I think most people AGREE with this idea, but if you take a look at most people’s lives, it is easy to see they really don’t “get it”. This includes most self-improvement junkies who have gone to all the seminars, listened to the tapes, and have read just about every book.

I am sure you are familiar with the saying that in “order to change our life we must change our thoughts”. This is not a new idea. Every self-help book, method or strategy uses this concept as the basis of change.

What you hold in your mind with energy and focus will be created in your reality. Sometimes it takes a little longer to experience the results of our thoughts because we keep changing our minds, but whatever we give our dominate attention to will eventually become our reality.

We come into this three-dimensional world with a special blessing of protection that allows us to have thoughts and feelings that don't *instantly* materialize in front of our eyes, as they do in the non-physical dimension. So the fact that you can't materialize whatever you want just by thinking about it may seem to be a hindrance, but it's also part of a greater protection that allows you to learn the art of manifestation without getting hurt in the process.

So without thought, nothing happens. Period. Thought precedes everything. While this may sound **simple**, it is also fundamental to creating change.

Everything begins with a seeded thoughtform. If you've ever planted a garden, you know how a tiny seed can grow into a beautiful plant that bears flowers and fruits. The reason this is possible is contained **within that seed** is a powerful will to create, expand and grow.

Our thoughtforms work the same way. A thoughtform is the mental aspect that precedes all physical reality. Within our thoughts is the potential to create, expand and grow and have the things we desire, or the **potential destroy our lives**.

What we are experiencing today is nothing more than yesterday's leftover thoughtforms. So, if we want a **new** reality, we must think **new** thoughts. In order to make any change in your life, you have to change the thoughts that brought you to where you are right now. If you try to change anything in your life without changing your thoughts first, your brain will check what it already knows, which is your past or **yesterday's thoughtforms** and, just like a computer, it will send an error message that says, "I have no past reference for this, you have never done this before, so you cannot do it".

These are called presuppositions. The brain will do everything to support a presupposed truth. Presuppositions are hidden commands that the brain will obey at all costs. They are the key reason why it is so difficult to change. Because if we just keep trying to do the same old thing with the same old thoughts, we will continue to get the same old results.

So how does this work? What are the mechanics or scientific proof of how our thoughts become reality? The Science of how thought is created into reality be learned from a basic study of the laws of Quantum Physics. So let's take a look at how the study of Quantum Physics is the key to creating your future.

Quantum Physics – The Key To Creating Your Future

What does Quantum Physics have to do with creating your future? I can tell you that it has everything to do with it! Let's take a look at a simplified explanation of Quantum Physics and find out how we can use it to create our life by design instead of by default.

Quantum Physics is a science that explains how everything in our world comes into existence. You are the Creator of your entire physical world, but up until now you may not have been aware of this fact. Your *lack of awareness* of how physical matter comes into your life, and your part in creating it, *makes it appear* to you that the circumstances in your life are often out of your control. It also makes it appear that you are the **victim** of these circumstances, while all along you are actually the **cause** of those circumstances. This includes both the good stuff and the horrible stuff.

A brief study of Quantum Physics will help you not only to understand how everything is created in your reality, but also exactly how your beliefs and thought processes create the results you experience in your life.

Spiritual teachings have told us that '**even before you ask, it is given unto you**'. Quantum Physics has now proven that this is scientifically true. And, as you will see, '**Ask and Ye shall Receive**'- is how the Universe works.

Think about it; when someone tells you that '**anything is possible if only you believe**', have you ever wondered, "That all sounds great, but what **proof** is there that this is really true?"

Aren't you more likely to believe that it's true if someone showed you, step-by-step *and scientifically*, how your beliefs shift the universe and produce what you believe in?

One of the benefits of understanding the basics of Quantum Physics is that you can finally clearly see how your thoughts, ideas and beliefs control the outcome of your life. This understanding and knowing, enables you eliminate **all doubt and to have 100% confidence in your power to consciously create whatever you want.**

Quantum Physics ... Why it is the key to creating your future...

- **You are the creator** of everything that comes into your world... (*Quantum Physics has scientifically proven this*)... While you may not have been aware of this fact... *it is actually good news - you can control the outcome of your life and I show you how...*
- It's not just what you think about and focus on that counts... *How you feel about it is literally 1,000's of times more important...* discover a stunningly effective strategy to direct this power for your greatest benefit...
- **'Ask and Ye shall Receive'** and **'even before you ask, it is given unto you'** are not just spiritual and religious teachings of the ages... Quantum Physics has *scientifically proven* them to be the absolute law of the universe... How and why this puts total control of wealth, love and life into your hands...
- The three most important words *in any language* that are the meal ticket to you *getting what you desire in your life starting tomorrow and without end...*
- Why the reality of success in life **is far easier than you could have ever imagined...** discover why anything you are *struggling at* is guaranteed to fail...

Quantum Physics provides scientific proof that **you are the cause** of your life ... your life **is not the effect of circumstances and actions of others...** For some this is a tough pill to swallow... But it is the *magic pill that will dissolve so many issues and heartaches that may be plaguing your life right now...*

The Law Of Attraction.

Whatever you focus your attention on causes you attract more of that same thing. So the end result is that: whatever you **want** you will attract, and whatever you **don't want**, you will attract. It just depends which one you are focusing on. The Law of Attraction works for both equally as well.

Now, there are two ways we create everything in our lives. The first is by conscious or deliberate creation, and the second is unconsciously, or creation by default.

As we said earlier, people are creating *all the time*. So the question is not WHETHER they are creating, but whether they are creating **consciously** (that is by deliberately choosing what they desire) or **unconsciously** (that is by simply noticing what they have attracted into their life and wondering how it got there?) This is creating by default.

So you always have two choices. You can be in deliberate control of your life experience, knowing what you want and manifesting it your life; or you can continue to believe that life is a series of random events that you have no control over.

A major factor in creating your future is understanding and accepting that you have the power to create and change your present circumstances. However, you can't do this by trying to eliminate what is **not** working in your life in the **present moment**, or by trying to change the events or circumstances in your **past**.

How to make the "Law of Attraction" work for you instead of against you...

The **Law of Attraction** states that whatever you focus on... you will get. Notice I said *what you focus on*. I did not say what you want or need or desire. If you are focused on the fact that you do not have enough money, if you are constantly worrying about it and thinking about it... then that is your dominant thought and focus.

The Law of Attraction ... whatever you focus most of the time you get...

There is good news and bad news in this... The bad news is if you don't have what you want or are fearful about your future – your mind created this outcome using the **Law of Attraction**. It did it over time... The good news is that you have already **PROVEN** to yourself that these laws work and you can reverse your fate.

You focused on what you didn't want and now you have it. Proof positive that the Law of Attraction works 100% of the time...

The key is to take the immutable, unchangeable laws of **Cause and Effect** and put them purposely to work for you... instead of them by default working *against you...*

This I show you how to do in **The Secret of Deliberate Creation...** easily, like a "flip of the switch". And once you know how to flip the switch, your life will never be the same again.

Money will flow into your life in abundance ... You will also:

- Discover a simple process that stops you from *unconsciously* attracting **negative experiences** into your life -- it actually reverses that course and put you in the drivers seat...
- **Understand the "delay factor"** -- what is in your thoughts and feelings today will become your circumstances tomorrow... discover how to *instantly get a grip on controlling all outcomes that matter to you...*
- Discover the **biggest fatal error** most people make when trying to change things for the better... **The Secret of Deliberate Creation** reveals to you

the **right things** and the **wrong things** to focus on and they are not what you intuitively would expect...

However, they are *scientifically proven* to work every time, without fail, no exceptions...

And the fact is, when you understand this, you'll be free from *worry and fear* forever. You'll never have to worry about economic conditions, the government, your parents, your job or career, or any of the influences that you fear, again.

You will live in harmony with **The Secret of Deliberate Creation** and prosper no matter what conditions exist...

How The “Collective Consciousness” Of Others Controls Your Life

Bad things happen to good people because they consciously or unconsciously do not understand the principles you are learning in these lessons.

Every single state of being; thought, word, and action was caused by something **before** it, and will cause something **after** it. What is found in the effect is **already** in the cause.

You are the cause of everything in your life; and so is everyone else in their life. This also means that groups of people collectively cause their effects. Business, or corporate success or failure, even wars or terrorism all happen, not because of **one person** in the group, but because of all the people who are collectively causing it to happen.

The Middle East is another example of a collective consciousness where people put their attention on violence and hate; and keep creating more of the same. How can you possibly have peace when you are **focused** on violence? **You cannot attract one thing by putting your attention on another.**

I lived in Russia for a time. While I was there, I had an opportunity to observe the collective consciousness of the Russian people. The overall consciousness in Russia is one of victimization. Because they have been oppressed for so many years by one corrupt government after another, they have resigned themselves to living as victims. In other words, they feel they are a victim of circumstances that they have no control over. They blame the government, and outside forces for their poverty and for all the other problems they experience.

These well-meaning, basically kind and loving people, do not understand the Law of Attraction. By perpetuating the thinking that they are victims, they ***collectively*** create or ***energetically attract***, the **same** conditions (including a corrupt government) that has kept them in a life of poverty and despair.

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How The "Collective Consciousness" of Others Can Control Your Life...

- Understand how and why groups of people (family, friends and associates, businesses, countries) attract and cause their own effects...
- Understand how **you can be the exception** to the expected norm in any "collective consciousness" situation...
- The **number one secret** to creating anything you want especially from within a large group... so easy, you can start the very moment it is revealed to you...
- How to take **energy in motion** and through the "collective consciousness" confidently multiple it's effects many times over... ***with great rewards rebounding back to you...***
- How to break a "**negativity addiction**"... most of our *habitual* thinking and emotions are extremely negative and they are fed by the "collective consciousness"...

The Secret of Deliberate Creation shows you how to break the habit, and break free of the "herd" of unhappy souls...

How To Use Your Natural Inner Guidance System

Every thought we have either moves us toward what we want or away from that we want. Fortunately, each one of us has a built in Inner Guidance System offers us a simple way to know if we are moving **towards**, or **away** from what we want.

The Universe responds only where harmony exists. It doesn't matter whether it is *positive or negative* harmony. It is not possible to have a negative emotion such as worry, and at the same time be in harmony with anything that you truly desire in your life. Therefore, whenever you are feeling the negative emotion of fear or worry, you are at that moment literally *inviting* something that you *don't* want; or the *lack* of something in to your life.

How To Use Your Inner Guidance System To Make The Right Decisions All The Time...

- How to use your **Inner Guidance System** to *instantly* know if you are moving towards or away from what you want and desire...
- How to stop **dead-in-their-tracks any negative attraction** that will emerge in the near future as something *you would have never wish for...*
- The *number one, almost knee-jerk reaction* that is most responsible for you not having what you want -- **it's so prevalent it's a worldwide epidemic** -
- and how to *snap out of it yourself immediately...*

The Secret Of The “Flip Switch”

The Secret of the “Flip Switch”...

- An incredibly simple yet *decisively effective* technique to switch in the very moment from a mode that is attracting what you **don't want** - to **what you do want...**

- How to easily "side-step" the most common conditioned and habitual responses that always continues to attract *what you don't want...*
- **A 15-second "flood your mind" technique** that washes away all negative attraction as sure as bursting the Hoover Dam walls will flood the Colorado river downstream...

Introducing Your “Essential Silent Partner”

Introducing Your “Essential Silent Partner”...

Discover "what" your ***Essential Silent Partner*** is, and how:

- It can help you ***overcome any obstacle***; generate wealth, income streams and opportunities; find people, build your career, your business, solve problems, and generally improve every area of your life in ways that you can't even imagine right now...
- It works behind the scenes 24 hours a day, seven days a week, helping you achieve your goals. It never shuts down, takes no holidays, sick leave or days off. ***It is perpetually there to take orders and supply what you have asked for...***
- **Will kick you into action and overdrive...** where all the dots are connected to your purpose and things that previously seemed impossible or risky now are *immediately doable...*

Mind Set Vs. Heart-Set

Why do you think so many people struggle through life? I believe the primary reason is that most of us, regardless of our age, simply do not know what we really and truly want. We only **think** we know. From my experience, most people can tell you what they **don't want**; but they find it difficult or nearly impossible to tell you what they truly do want in life.

How can we know what we truly want? Please listen closely. To accomplish what you really want in life with any measure of satisfaction, you must accurately identify what it is that you truly desire; not intellectually, but at a deep inner level. We will call this the 'heart level'.

Mind-Set vs. Heart-Set -- the key to becoming unstoppable...

- **The Secret of Deliberate Creation** will show you a **BLUEPRINT FOR SUCCESS** that will resonate deep with the core of who you are... it is the same *blueprint* used since the beginning of time and still the unspoken STANDARD among those who *get the secret*...
- The **true reason for failure...** and why "*trust your heart and not your head*" is more just than a cliché, but **seven words worth all the money from King Tut's kingdom...**
- The different between "**have to goals**" and "**true desires**"... why only the latter leads to success... Plus discover an acid test to be sure you are not confusing the two...
- The one trait all driven and successful people have in common ... With it you cannot and will not "fail" again, ever... **The Secret of Deliberate Creation clues you in on their secret...**

How To Know What You Truly Desire

How To Know What You Truly Desire With 100% Certainty...

- **How to release *creative magnetic energy*** -- the only force strong enough to sustain the persistent focus and action necessary to realize your heart's desires...
- A three-step fail-proof system to uncover and discover your own ***true heart's desire...*** the only driving force that cannot be extinguished...

Your Creative Magnetic Energy And The Law Of Critical Mass

Creative Magnetic Energy and The Law of Critical Mass...

How to draw into your life the people, circumstances and conditions you need... and operate with an energy and force that will overcome *any and all obstacles...*

- How to convert your unlimited potential into a driving energy that will ***fuel your imagination and release a flood of creative magnetic energy*** -- making you *unstoppable...*
- **Five steps that engage the Law of Critical Mass** to your cause, kicking into effect a relentless drive that can have only one outcome -- ***YOUR SUCCESS...***

Understanding Time And Your “Point Of Power”

Understanding “Time” and Your “Point of Power”...

- **How to beat the illusion of time** - of *past* and *future* - and operate **IN THE NOW...** the only place where power is possible... where control over your life is possible... where ***thought, action and the results you desire are possible...***
- **A 4-step process for LIVING IN THE NOW...** which is the key to breaking old patterns of present moment denial and the key to launching into a life of great successes *IN THE NOW...*

Allowing Vs Resisting

Allowing vs. Resisting - The Key To Magnetic Attraction...

- **How to be fully in tune with The Secret...** where you no longer have to **force** things to happen... they will "as if by magic" fall into place as they should...
- **How to speed up the creation of the results you want** *without* ever having to worry or stress in the slightest...
- Why becoming "**detached**" from any specific outcome will deliver *precisely what you desired* -- this is the most important skill you will ever acquire...

Removing Self-Sabotage And Mental Blocks

How to Eliminate Self-Sabotage and Mental Blocks – *Forever...*

- How to reverse your life from one big struggle with a series of never-ending problems... into a life of ***pursuing and creating what you truly desire in an easy, stress-free manner...***
- **Why your subconscious mind may be holding you back**, no matter how hard you try and push and struggle... **The Secret of Deliberate Creation** puts your subconscious back in harmony with what you truly desire in life...
- **Why "self-sabotage" is often your own worst enemy** -- it has nothing to do with "lack of will power", "poor motivation", "spacing out", "weak character" or being cursed -- discover the secret to *annihilating it from your life forever...*

Let Go And Let It Happen!

"Limited Probabilities" or "Unlimited Possibilities"...

- **99% of the creative process is complete before you see any evidence of it in your physical reality...** when you fully understand this statement your life will become *a vista of new possibilities...* **The Secret of Deliberate Creation** demonstrates why...

- How **energy leaks** are directly linked to worry, stress, and feeling depressed... and NOT achieving the success you desire in life... **The secret** outlines their cause and their cure...

How To Know When It's Time To Take Action

How To Know When It's Time To Take Action...

- Why taking **less action at the outset** will always lead to a more successful outcome, and one that will manifest itself **faster and with less effort on your part**...
- A proven fact... just **fifteen seconds** using *the secret* can achieve as much as **10 hours of activity** otherwise undirected... And just **sixty seconds** can achieve more than you otherwise **in a complete day**...
- **Why action is a necessary step but always your last step**...

The Road To No More Excuses

The Road To No More Excuses...

- The most decisive way to give procrastination the **kick in the back-side** it deserves...
- **A six-step process and checklist** that will clear out any deadwood in your soul and psyche -- leaving you feeling refreshed, reinvigorated and ready to take on the world and create the life **you have always dreamed about**...

- **13 specific recommendations to protect yourself** from the *pervasively negative forces* that exit at every turn whose only purpose is to bring you down and halt your success... ***how to kiss them goodbye forever...***

The Ultimate Secret To Creating Your Life By Design

The Ultimate Secret To Creating Your Life By Design...

- Accelerate the positive effects **The Secret of Deliberate Creation** can and will have on you -- this very instant... ***resulting in the automatic attraction to you of money, optimum health, exciting relationships, and everything else that you desire...***